

Eye Irritation Potential of Microglycine and Microglycine-Containing Ointments: An in vitro Study on Reconstructed Human Corneal Epithelium

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Laura Ceriotti¹
Silvia Balzaretto¹
Salvatore Barone²
Marisa Meloni¹

¹VitroScreen, Milan, Italy; ²NTC S.r.l., Milan, Italy

Objective: To assess the eye tolerability of a buffered ophthalmic solution containing microglycine (sodium hydroxymethylglycinate, mwaterTM) in an in vitro model.

Materials and Methods: A multiple endpoint analysis (MEA) approach was applied to the reconstructed human corneal epithelium (HCE) model. Sodium hydroxymethylglycinate solution (0.04%) and two ophthalmic ointments containing microglycine (Protectorial, containing 0.02% of sodium hydroxymethylglycinate, and Edenight, containing 0.04% of sodium hydroxymethylglycinate) were investigated. The buffered solution and the ointments were tested on HCE after acute (one application in 24 hrs, followed or not by 16 hrs of recovery) or repeated (one application per day for three consecutive days) exposures; benzalkonium chloride (BAK) 0.01% and saline isotonic solution were used as positive and negative controls, respectively. Cellular viability, trans-epithelial electrical resistance (TEER), lactate dehydrogenase (LDH) release and histo-morphology were evaluated.

Results: BAK 0.01% toxicity in HCE was confirmed for the 24+16 hrs acute and repeated exposure protocols, while, after 24-hours acute treatment, only modifications of the superficial cell layer were visible compared with the negative control. Sodium hydroxymethylglycinate had a very good tolerability profile and a neutral impact on the corneal surface after acute or repeated exposure. The Protectorial and Edenight ointments preserved cell viability in the different exposure protocols, suggesting a good local tolerability profile. Modifications of the superficial layers were observed on histo-morphological analysis and confirmed by increased release of LDH after 24+16 hrs acute exposure (+65% and +76% for Protectorial and Edenight, respectively) and TEER values after 24+16 hrs and 72 hrs exposure protocols. These results were dependent on the ointments' accumulation on the corneal epithelium due to their physical form (semi-solid) and lipophilic properties.

Conclusion: Sodium hydroxymethylglycinate, alone or as part of eye ointments, was found to be non-toxic after acute or repeated exposure in the reconstructed HCE model.

Keywords: BAK, biocompatibility, delayed toxicity, HCE, microglycine

Plain Language Summary

In recent years, an effort to reduce the use of animal testing in ophthalmology has led to the development of alternative experimental models, such as 3D reconstructed human corneal epithelium (HCE).

Microglycine (sodium hydroxymethylglycinate, mwaterTM) is used to preserve Protectorial and Edenight ophthalmic ointments and to keep them free of contaminants.

In this study, we evaluated the effects of sodium hydroxymethylglycinate, Protectorial, and Edenight, on the structure and function of HCE model.

Correspondence: Laura Ceriotti
VitroScreen, Via Mosè Bianchi 103, Milan
20149, Italy
Tel +39 02 89077608
Email laura.ceriotti@vitroscreen.com

After acute or repeated exposures, sodium hydroxymethylglycinate did not cause any significant change in the structure or function of HCE tissues. As a result, sodium hydroxymethylglycinate was considered to be non-toxic.

Protectorial and Edenight did alter the structure of the outermost layers of HCE tissues, and Protectorial also decreased its barrier function, compared with an isotonic saline solution. However, we hypothesized that these changes were the result of the ointments adhering to the epithelial surface, and not of their toxicity.

Introduction

After the Second World War, the use of preservatives in eye medications became common. Preservatives exert important effects, including prevention of the microbial growth that can occur after opening a container of multi-dose eye medication, keeping the formulation free from contaminants, and improving the safety of the product. However, the majority of preservatives are associated with adverse effects, inducing toxicity to the ocular cells or hypersensitivity,¹ and have the potential to cause clinically relevant chronic or irreversible damage and ocular hyper-reactivity when used for long periods.¹⁻³

Microglycine (sodium hydroxymethylglycinate) is a small, pale-yellow, water-soluble compound, available commercially as an aqueous solution (mwater™) with buffering properties and known antimicrobial effect.⁴ It is a derivative of the amino acid glycine and has broad-spectrum antimicrobial activity against both Gram-negative and Gram-positive bacteria, yeasts and moulds.⁵⁻⁸ Direct membrane interactions of peptides and amino acid-based surfactants produce antibacterial effects because these compounds have a net positive charge, which increases their interactions with various bacterial targets such as anionic lipids.⁹ However, anionic amino acid-based surfactants are also capable of producing antibacterial effects through membrane-altering actions.^{6-8,10,11}

Protectorial and Edenight are ointments formulated for eye disorders, and both contain sodium hydroxymethylglycinate. As these ointments contain compounds other than sodium hydroxymethylglycinate, are lipophilic in nature and adhere to the surface of ocular epithelium due to their stickiness, their toxicity profiles may differ from that of sodium hydroxymethylglycinate alone.

Based on this background, we tested the hypothesis concerning the potential cytotoxicity of microglycine, alone or added to these eye ointments, to obtain information that could be relevant in clinical use. Therefore, the current study investigated the eye irritation potential of

sodium hydroxymethylglycinate 0.04%, Protectorial, and Edenight, using the human corneal epithelium (HCE) model. A multiple endpoints analysis (MEA) approach that included measurements of cellular viability, modifications of the barrier function, and histo-morphological analysis, was used, so that tissue function and morphology were evaluated.

Materials and Methods

Test Items and Controls

Sodium hydroxymethylglycinate (buffered ophthalmic solution at pH 6.7–7.3) 0.04%, Protectorial (containing 0.02% of sodium hydroxymethylglycinate), and Edenight (containing 0.04% of sodium hydroxymethylglycinate at 0.04%.) were tested (Table 1). Both ointments were provided by NTC S.r.l. (Milan, Italy).

Saline isotonic solution (sodium chloride 0.9%; Eurospital, Trieste, Italy) and benzalkonium chloride (BAK; Merck Life Technology, Milan, Italy) 0.01% were used as negative and positive control, respectively.^{2,12-15}

Test System

HCE/S/5 (Human Corneal Epithelium, Small, 0.5 cm²) was purchased from Episkin (Lyon, France). Reconstructed HCE tissue derived from transformed human corneal keratinocytes was grown on a 0.5 cm² inert permeable polycarbonate filter in the vertical direction, and then cultivated for 5 days in a supplemented, chemically defined medium at the air-liquid interface, in order to form a structured epithelium. Immediately after delivery, HCE tissues were removed from nutrient agar and transferred into 6-well plates containing the growth medium provided by the manufacturer under sterile airflow conditions. Before any experiments were

Table 1 List of the Test Products

Product Name	Preservative System	Manufacturer
Microglycine 0.04% (mwater™)	0.04% sodium hydroxymethylglycinate	NTC S.r.l.
Protectorial isotonic eye ointment with hyaluronic acid 0.4% NTC	0.02% sodium hydroxymethylglycinate	NTC S.r.l.
Edenight hypertonic eye ointment with hyaluronic acid 0.4% NTC	0.04% sodium hydroxymethylglycinate	NTC S.r.l.

conducted, HCE tissues were equilibrated in an incubator at 37°C and 5% CO₂.

Exposure Procedures

To mimic realistic use conditions, the following exposure protocols have been included in the experimental design: i) acute, such as a single administration, followed or not by a recovery period; and ii) repeated, such as once per day application for three consecutive days.

For acute exposure, 30 µL of each tested compound, namely saline solution, BAK 0.01%, sodium hydroxymethylglycinate and ophthalmic ointments, were applied to the apical surface of HCE tissues. After 24 hrs in the incubator at 37°C with 5% CO₂, the product was removed by washing with saline solution. Since this exposure emulated 24 hr treatment, this is referred to as the 24 hr protocol. The other acute exposure protocol involved 24 hr exposure, followed by washing of product and incubation at 37°C with 5% CO₂ for 16 hrs. This is referred to as the 24+16 hr protocol. The incubation period was selected as it was considered more useful for assessing the capacity of the corneal tissue to recover from toxic damage, and thus, for identifying reversible damage.¹⁶

For repeated exposure, because of the lipophilic nature of the ointments tested (containing 86% of lipophilic bases), the testing protocol was adapted for the semi-solid formulations (which persist longer on the tissue surface), and the products were applied once per day and not twice per day as previously reported.^{13,16,17} Indeed, 30 µL of saline solution, BAK 0.01% and active products were applied once every 24 hrs to the apical surface of HCE tissues for 72 hrs to mimic daily administration. This is referred to as the 72 hr protocol. Before each application, the previous amount of residual product was removed by washing with saline solution.

Cell Viability Quantification

The 3-(4, 5-dimethylthiazolyl-2)-2, 5-diphenyltetrazolium bromide (MTT) assay was used to determine cell viability. This colorimetric assay measures the activity of succinate dehydrogenase, an enzyme expressed in the mitochondria of living cells. A modified version of the procedure originally described by Pauly and colleagues was used.¹² In brief, HCE tissues were transferred to 24-well plates containing 300 µL of 0.5 g/mL MTT solution; 300 µL of the same solution was also applied to the apical surface of HCE. Reconstituted tissues were incubated for 3 hrs at 37°C, and then transferred to 24-well plates containing 750 µL

of isopropanol and 750 µL isopropanol was added to the apical surface of HCE. After piercing the tissues with a tip, the plates were agitated for 2 hrs in dark conditions at room temperature. The solutions were resuspended, and 200 µL of extract transferred into a 96-well plate before the optical density (OD) at 570 nm was determined using the plate reader INFINITE M200 TECAN (software I-control, ver. 1.8). In the same 96-well plate, 200 µL isopropanol was loaded (8 wells) and used as blank: isopropanol OD was subtracted from each OD value recorded. Experiments were conducted on duplicate HCE tissues for each series, and results were expressed as mean OD ± standard deviation (SD) and as the proportion of cell viability measured with the negative control. The correlation between cell viability and eye irritation potential is described in the Organisation for Economic Co-operation and Development (OECD) Test Guideline No. 492.¹⁸ This guideline describes RhCE-based test methods validated and accepted by regulatory authorities for classification purposes. These methods include the SkinEthic™ HCE Eye Irritation Test (EIT), which uses the same HCE model as in this work. According to the protocol for liquid substances of the SkinEthic™ HCE EIT, a viability of 60% is the cut-off value for identifying substances that do not require classification and labelling due to causing eye irritation or serious damage (viability >60% corresponds to classification as “no category” according to the United Nations [UN] Globally Harmonized System of Classification and Labelling of Chemicals [GHS]).

Histo-Morphological Analysis: Hematoxylin and Eosin (H&E) Staining

Following the treatment procedure, tissues were washed with a saline solution and fixed in 10% neutral buffered formalin. Samples were embedded into paraffin blocks and sections of 5 µm were sliced. Slides were stained with H&E according to internal procedures. Light microscopy was used to analyze histological samples (20× and 40×). Overall morphology and any modifications were analyzed on at least three sections of the same tissue and compared with the negative control.

Membrane Integrity: Lactate Dehydrogenase (LDH) Quantification

Membrane integrity was evaluated by measuring the presence of LDH in the extracellular medium using a commercially available Cytotoxicity Detection Kit (LDH; Roche, Monza, Italy). 100 µL of medium was collected and added to a 96-well

culture plate, together with 100 μ L of fresh medium, which served as a blank (technical triplicate). 100 μ L of the reaction mixture (freshly prepared by adding dye solution to the catalyst) was added to the medium in the 96-well culture plate, and incubated for 20 mins at room temperature in the dark; 50 μ L of stop solution was added to a 96-well plate to block the reaction. After shaking the plate for 10 seconds, absorbance was measured at 492 nm using 690 nm as the reference wavelength on the plate reader INFINITE M200 TECAN (software I-control, ver. 1.8). The blank OD was subtracted from each OD value recorded.

A standard curve defined using different LDH concentrations was used for LDH quantification: 125.00 mU/mL, 62.50 mU/mL, 31.25 mU/mL, 15.60 mU/mL, 7.80 mU/mL, 3.91 mU/mL and 1.95 mU/mL. The LDH concentration in the samples was calculated by interpolating the biological replicate OD in the concentration-OD curve of LDH standards. Experiments were conducted on three HCE tissues and results were expressed as mean $\pm$ SD.

Barrier Function Test: Trans-Epithelial Electrical Resistance (TEER)

TEER was measured using the Millicell Electrical Resistance System (ERS) instrument (Merck Life Science, Milan, Italy) (range 0–20 k Ω) before application, after product removal and after a period of recovery. The sample was placed in a 6-well plate containing 5.0 mL of saline solution, then 0.5 mL of saline solution was directly applied. The electrodes of the Millicell ERS instrument were placed in the two chambers, and the reading on the display was reported. As blank (background control), the TEER value of a well without tissue was used. Triplicate measurements for each sample were recorded and experiments were performed with three tissues. Results were expressed as $\Omega \times \text{cm}^2 \pm \text{SD}$ and as % difference from the baseline TEER values for each test item and control series at $t=0$, which was considered as 100%.

Statistical Analysis

Statistical analysis was performed using Student's *t*-test. P-values <0.01 and <0.05 compared with the negative control are presented in the figures describing cell viability, LDH release and TEER measurements. Individual data for each assay are available upon request.

Results

Cell Viability: MTT Assay

Figure 1 shows the results of the MTT test conducted on HCE after acute or repeated exposures. Conventionally, the negative control (saline solution) was assigned 100% cell viability. BAK 0.01% reduced cellular viability to 70.4% compared with the negative control after 24 hrs. After 24 +16 hr recovery, the residual viability was 77.4%; after 72 hrs, viability was 57.7%. Concerning sodium hydroxymethylglycinate, cellular viability was not significantly reduced (below 60%) following any of the three exposure protocols, ranging from 77% to 92%. Similarly, across the three exposure protocols, Protectorial and Edenight ointments did not reduce cell viability below 60%. Following the 24 hr, 24+16 hr and 72 hr exposures to these ointments, residual viability was 83–93%, 87–97% and 75–77% compared with the negative control, respectively.

Histo-Morphological Analysis: H&E Staining

Representative images of selected vertical sections of HCE tissues at different times are shown in Figure 2.

The morphology of the tissue and its thickness did not change after 24 hr treatment with the negative control. The increased thickness observed after 72 hr treatment was related to the physiological growth of the 3D culture. The histo-morphological analysis did not show significant modifications between the three exposure protocols, confirming the neutral action of the saline solution in acute and repeated treatments.

BAK 0.01% induced significant modifications and signs of toxicity in the superficial layer of the epithelial barrier, including the loss of cell-to-cell connections, modified cell structure and the presence of several pyknotic nuclei, after 24 hr treatment and 24+16 hr protocol. These toxic effects worsened and became visible after 72 hr treatment.

No toxicity was observed with sodium hydroxymethylglycinate compared with BAK 0.01% in the corneal epithelium. Sodium hydroxymethylglycinate induced the formation of superficial pyknotic nuclei surrounded by mucins. No further modifications of the HCE tissue were observed either after acute treatments or after 72 hr exposure.

Both ointments caused morphological modifications exclusively in the corneal epithelium surface, but the

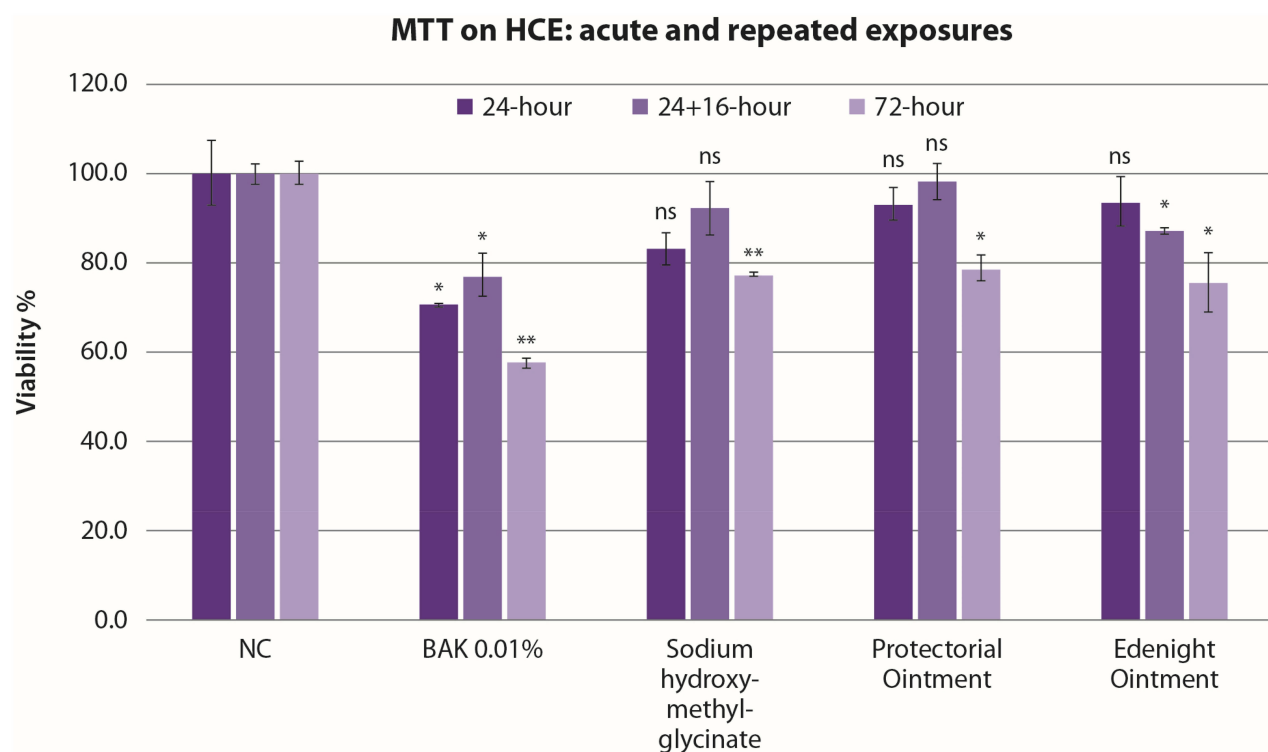


Figure 1 Residual cell viability (%) after acute exposures (24 hr treatment, 24+16 hr recovery) and repeated exposure (72 hrs). Experiments were conducted on duplicate HCE tissues. Statistical analysis was performed using Student's t-test. * $p < 0.05$; ** $p < 0.01$.

Abbreviations: HCE, human corneal epithelium; MTT, 3-(4, 5-dimethyl thiazolyl-2)-2, 5-diphenyltetrazolium bromide; NC, negative control; ns, not significant.

basal layer was preserved during and after all three exposure protocols investigated.

Membrane Integrity: LDH Release Quantification

A significant increase in LDH release was observed after 24+16 hr exposure for all the products tested (including BAK) compared with the negative control (+65% and +76% for Protectorial and Edenight, respectively), while no significant changes were observed for the 24 hr treatment, as reported in Table 2.

Figure 3 shows the relative amount of LDH released each day corresponding to culture medium change every 24 hrs. The numbers included in the graph represent the sum of the LDH amount collected at each time point.

The LDH release measured with the negative control was considered as the baseline LDH release level at each time point, namely 98.7 mU/mL, 87.1 mU/mL and 105.2 mU/mL after 24 hrs, 48 hrs and 72 hrs, respectively, for a total of 291 mU/mL.

BAK 0.01% induced a greater release of LDH in the extracellular medium compared with the negative control.

At 72 hrs, a two-fold increase was observed, which was consistent with the damage at the cellular membrane level, as reported in the histo-morphological analysis.

At 24 hrs and 48 hrs, LDH release was not different from BAK 0.01% for all the products tested (ranging from 104 mU/mL to 119 mU/mL). Similarly, compared with the negative control, no differences in LDH release were observed after 72 hr treatment with sodium hydroxymethyl-glycinate (111.2 mU/mL), Protectorial (104.6 mU/mL) or Edenight (109.4 mU/mL).

Barrier Integrity: TEER Measurement

A baseline mean $\pm$ SD value of $128 \pm 14 \Omega \times \text{cm}^2$ was recorded for HCE tissues before treatment ($t=0$, $N=45$ tissues tested). Mean TEER values for the negative control after 24 hr, 24+16 hr and 72 hr treatment are reported in Table 3 as examples of TEER measurements under the experimental conditions adopted in this study. TEER values at the end of each exposure procedure, expressed as the difference from baseline values at $t=0$ considered as 100%, are reported in Figure 4.

BAK 0.01% exhibited TEER values similar to the negative control after 24 hr treatment, but significantly ($p < 0.01$)

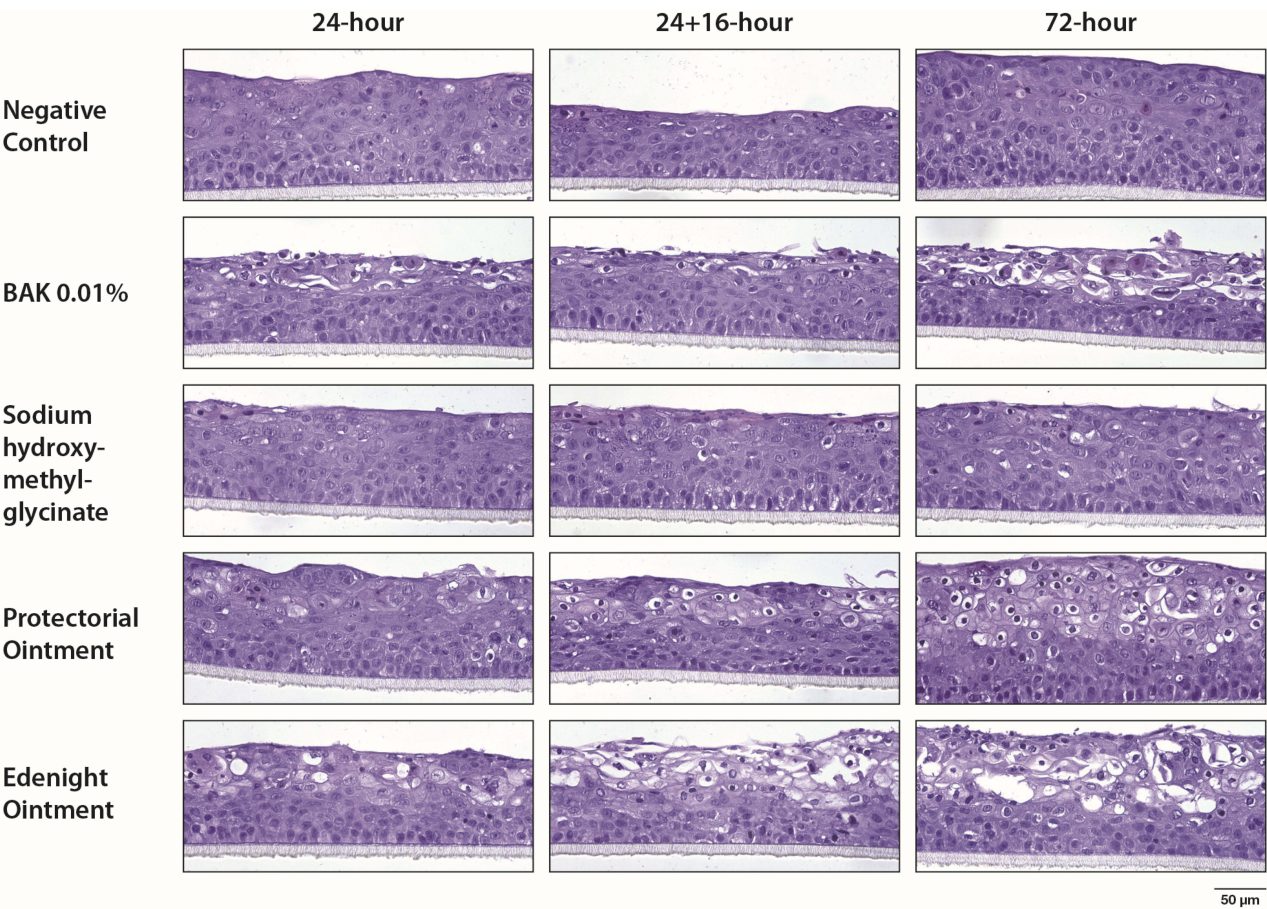


Figure 2 Selected images of HCE tissue sections after 24 hr, 24+16 hr and 72 hr exposures (H&E staining, 40×). Experiments were conducted on a single HCE tissue. **Abbreviations:** HCE, human corneal epithelium; H&E, hematoxylin and eosin.

lower values compared with the negative control after 24 +16 hr protocol (–71%) and after 72 hr treatment (–86%).

At 24 hrs, TEER values for sodium hydroxymethylglycinate, and Protectorial ointment were similar to the negative control, while the TEER value for Edenight ointment was significantly ($p<0.05$) different.

After repeated exposure (72 hrs), Protectorial ointment induced an increase in TEER that was greater than the

negative control (+45%), while TEER values for sodium hydroxymethylglycinate and Edenight ointment were in the same range as for the negative control.

Discussion

Historically, animal models have been used to assess the effects of chemicals on human health. However, the Draize in vivo eye irritation test in rabbits (OECD Test Guideline

Table 2 Lactate Dehydrogenase Release, Expressed in mU/mL for the Acute Procedures: 24 hr Treatment and 24+16 hr Recovery. Experiments Were Conducted on Triplicate Human Corneal Epithelium Tissues. Statistical Analysis Was Performed Using Student's *t*-Test

	LDH Release (mU/mL)			
	24 hrs	p-value	24+16 hrs	p-value
Negative control (saline)	93.8 ± 5.6		60.3 ± 4.0	
BAK 0.01%	110.9 ± 4.1	>0.05 (ns)	100.6 ± 4.4	<0.05
Sodium hydroxymethylglycinate	93.9 ± 2.4	>0.05 (ns)	99.8 ± 0.8	<0.01
Protectorial ointment	91.4 ± 5.8	>0.05 (ns)	98.8 ± 0.7	<0.01
Edenight ointment	97.3 ± 1.7	>0.05 (ns)	105.8 ± 3.4	<0.01

Abbreviations: BAK, benzalkonium chloride; LDH, lactate dehydrogenase; ns, not significant.

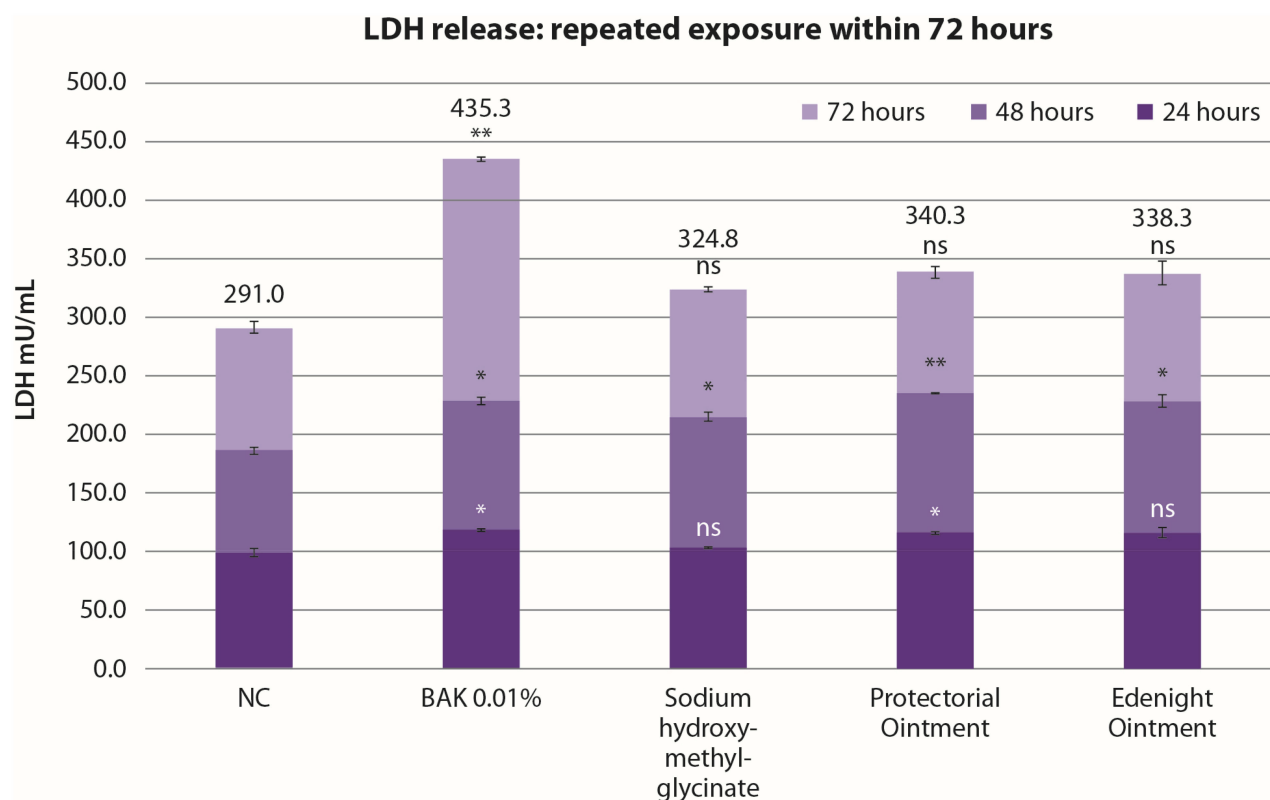


Figure 3 Cumulative LDH release quantification, expressed in mU/mL for repeated exposure (24 hrs: 1st medium exchange; 48 hrs: 2nd medium exchange; 72 hrs: 3rd medium exchange). Experiments were conducted on triplicate HCE tissues. The number reported in the graphs represents the sum of LDH release amounts for each time point. Statistical analysis was performed using Student's t-test. * $p < 0.05$; ** $p < 0.01$.

Abbreviations: HCE, human corneal epithelium; LDH, lactate dehydrogenase; NC, negative control; ns, not significant.

No. 405)¹⁹ has been criticized,^{20–25} and multiple alternative methods for assessing eye irritation have been developed and validated in order to replace it or to reduce the number of animals used, according to the requirements of the Directive 2010/63/EU.²⁶ These methods are now available for use as part of the Integrated Approach to Testing and Assessment (IATA) for classification and labelling purposes.²⁷ Such validated methods include tests which use 3D reconstructed human corneal-like epithelia (RhCE) as biological models as described in the OECD Test Guideline No. 492,¹⁸ demonstrating the relevance of these tissues for hazard identification.^{28,29}

Table 3 TEER Mean Values for the Negative Control After 24 hr, 24+16 hr and 72 hr Treatment Expressed as $\Omega \times \text{cm}^2$. Experiments Were Conducted on Triplicate Human Corneal Epithelium Tissues

	TEER Mean Values, $\Omega \times \text{cm}^2$
24 hrs	176.50 $\pm$ 9.20
24+16 hrs	221.56 $\pm$ 22.00
72 hrs	198.00 $\pm$ 13.34

Abbreviation: TEER, trans-epithelial electrical resistance.

The 3D human models can be used to identify ocular irritation due to their high level of morphological and biological similarity to the real human ocular epithelium. These human-origin models are more relevant and predictive in the assessment of eye irritation potential than monolayers of corneal epithelial cells or cells derived from other organs. RhCE models have been developed for use in permeability and safety studies during ophthalmic drug development.³⁰

The MEA approach has been developed using HCE and acute and repeated exposure, to provide a predictive tool for assessing the short- and long-term eye irritation potential to the pharmaceutical industry.¹³ The in vitro identification of subclinical effects reduces the risks associated with the long-term use of ophthalmic products.¹² Furthermore, the MEA approach relies on a mechanistic understanding of low or very low irritation potential to define tolerance.^{2,13,14,16,17}

This study evaluated the eye irritation potential of microglycine, a new buffered ophthalmic solution with weak preservative properties, and of two ophthalmic ointments containing microglycine at different concentrations: 0.02% in the Protectorial and 0.04% in the Edenight ointment. The

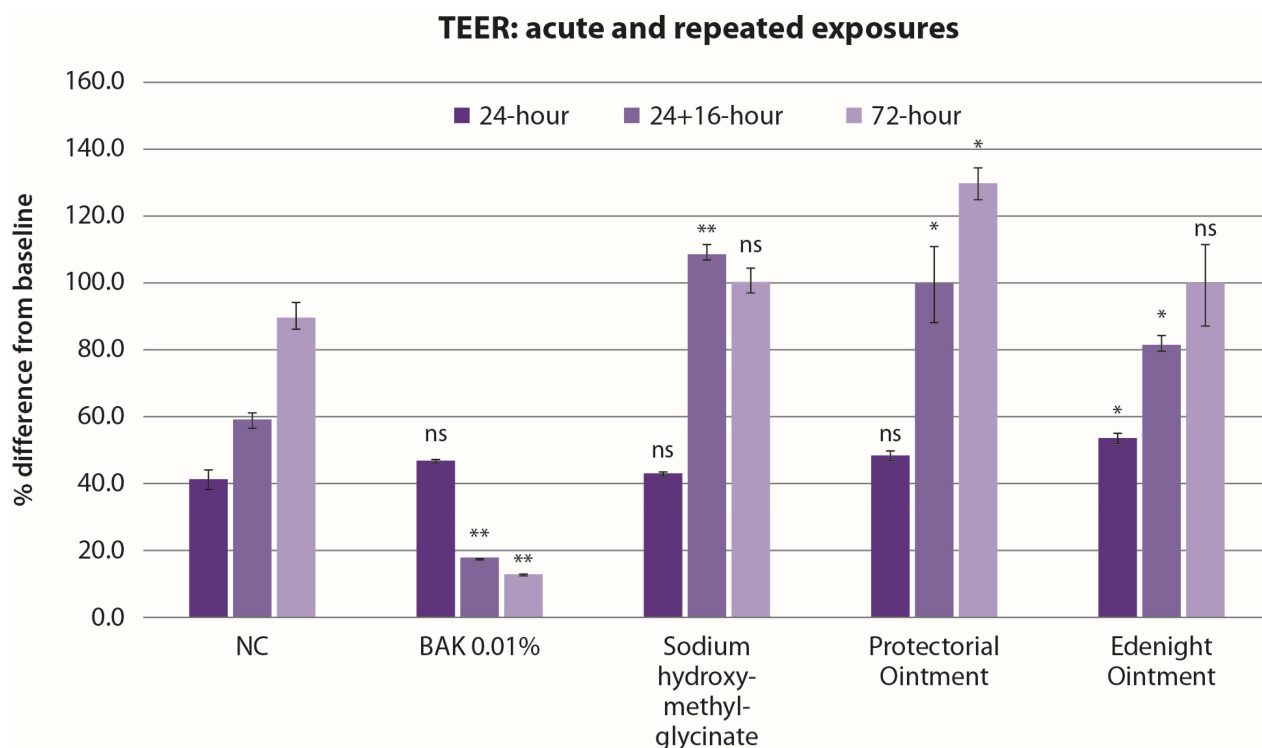


Figure 4 Difference in TEER from baseline ($t=0$ hrs) for acute (24 hr treatment, 24+16 hr recovery) and repeated (72 hrs) exposures expressed in %. Experiments were conducted on triplicate HCE tissues. Statistical analysis was performed using Student's *t*-test. * $p<0.05$; ** $p<0.01$.

Abbreviations: HCE, human corneal epithelium; NC, negative control; ns, not significant; TEER, trans-epithelial electrical resistance.

MEA approach, consisting of histo-morphological analysis, LDH release assessments and TEER measurements, was used to integrate the MTT results, providing more complete information about the overall tissue response at the ocular surface level than cell viability data alone.

The overall results of the MEA analysis confirmed the toxic effects of BAK 0.01% on the epithelial surface and its relevance as a positive control for evaluating ophthalmic products.^{12,14} In our study, the unaffected cellular viability, tissue morphology and barrier permeability provide the evidence that sodium hydroxymethylglycinate has no local toxicity on the corneal surface after both acute and repeated exposures.

The MTT assay confirmed that both ophthalmic ointments containing microglycine did not induce significant cytotoxic damage. At 72 hrs, sodium hydroxymethylglycinate and the Protectorial and Edenight ointments had shown similar LDH release, which was found to be significantly lower than the LDH release observed with BAK 0.01%, but higher than that observed with the negative control (approximately +14%). LDH measurement results were consistent with cellular membrane changes occurring in the whole thickness of HCE tissue, which did not depend on a toxic effect.

TEER outcomes reflect the overall resistance of the ocular barrier that results both from the integrity of tight junctions and from epithelial thickness. The lower TEER values reported for BAK 0.01% compared with the negative control after 24+16 hr recovery (−71%) and after 72 hr treatment (−86%) are consistent with the modification of the barrier properties after 24+16 hr recovery and repeated treatment, as confirmed by histo-morphological analysis and LDH release.

The TEER increase registered for the Protectorial and Edenight ointments, after 24+16 hr recovery and after 72 hr treatment is related to: i) the physiological increase in epithelial thickness during culture, and ii) modification of epithelial morphology with water accumulation in the wing cell layer as visible in the H&E images. On the other hand, increasing TEER values of the negative control at these time points depend exclusively on the physiological increase in epithelial thickness during culturing, while the epithelial structure remained intact.

The MEA approach applied to both the Protectorial and Edenight ointments demonstrated a good local tolerability profile after both acute and repeated exposures, consistent with preservative-free product features. However, the

MEA evaluation reported that both ointments: i) induced morphological modifications exclusively in the corneal epithelium surface; ii) increased LDH release during 24 +16 hr recovery; and iii) increased TEER values more than the negative control during the 24+16 hr recovery and the 72 hr exposure protocol. These results were mainly due to the physical form (semi-solid) and chemical composition (presence of lipophilic ingredients in the ointments at 86%) of the products, which resulted in strong adhesion to the corneal epithelium. This finding could be interpreted as an experimental bias. It is worth mentioning that after repeated exposure, it was not possible to completely remove all residue of the products that accumulated on the corneal surface, influencing tissue thickness.

Most ophthalmic preparations contain preservatives in order to prevent contamination and biodegradation, and to maintaining drug potency.³¹ There are four main classes of preservatives: detergents (BAK), oxidants (sodium perborate), chelating agents (methylparaben), and metabolic inhibitors (stabilized thiomersal).^{10,11} BAK is by far the most common preservative used in topical ophthalmic preparations.³¹

Few studies have compared the toxicity of preservatives used in ophthalmic preparations. The effects of BAK, methyl paraben, sodium perborate, chlorobutanol and stabilized thiomersal on immortalized human conjunctival and corneal epithelial cells were evaluated in a study conducted by Epstein and colleagues.³¹ When the most commonly used concentrations were considered, stabilized thiomersal was the most toxic preservative evaluated, followed by BAK, chlorbutanol, methyl paraben and sodium perborate. All preservatives caused some degree of tissue damage even at low concentrations.³¹

The MEA approach adopted in this study permitted the evaluation of tissue response to treatment after acute application, as well as of recovery after acute exposure and of potential cumulative effects associated with prolonged treatment. Furthermore, it allowed for an evaluation of cytotoxicity and irritation potential in one assay and compliance with the Directive 2010/63/EU²⁶ promoting the use of non-animal testing methods, while also overcoming the well-known limitations of cell monolayers and in vivo approaches.²⁶

However, this study had some limitations, including the in vitro design, the lack of inflammation and biomarker assessment, except for LDH. Therefore, other studies should be designed and performed to respond to these unanswered questions.

On the other hand, this is one of the few studies that evaluated the tolerability of sodium hydroxymethylglycinate when applied to human corneal epithelium cells.

Conclusions

The current in vitro study demonstrated that buffered sodium hydroxymethylglycinate solution was non-toxic in the HCE model after acute or repeated exposure. The ophthalmic formulations containing sodium hydroxymethylglycinate, such as the Protectorial and Edenight ointments, could also be considered non-toxic after acute or repeated treatments.

Abbreviations

BAK, Benzalkonium chloride; EIT, Eye irritation test; ERS, Electrical Resistance System; HA, Hyaluronic acid; HCE, Human corneal epithelium; H&E, Hematoxylin and eosin; IATA, Integrated Approaches to Testing and Assessment; LDH, Lactate dehydrogenase; MEA, Multiple endpoint analysis; MTT, (3-(4, 5-dimethylthiazolyl-2)-2, 5-diphenyltetrazolium bromide); OECD, Organization for Economic Co-operation and Development; SD, Standard deviation; TEER, Trans-epithelial Electrical Resistance; TG, Test guideline; UN GHS, United Nations Globally Harmonized System of Classification and Labelling of Chemicals.

Data Sharing Statement

No additional data from this study are available.

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Author Contributions

Laura Ceriotti: Manuscript writing. Silvia Balzaretto: Experimental phase and data analysis. Salvatore Barone: Support for manuscript writing. Marisa Meloni: Conceptualization and data discussion. All authors contributed to data analysis, drafting or revising the article, gave final approval of the version to be published, and agreed to be accountable for all aspects of the work.

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Disclosure

Laura Ceriotti, Silvia Balzaretto and Marisa Meloni are employees of VitroScreen, Milan, Italy. Salvatore Barone is an employee of NTC S.r.l., Italy. The authors report no other conflicts of interest in this work.

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